



## VMA GENERAL PRACTICE TRAINING

Victorian Metropolitan Alliance -General Practice Training in Victoria

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### About Victorian Metropolitan Alliance

Established in 2001 as one of the original fourteen general practice training providers in the newly developed Australian General Practice Training Program (AGPTP), the VMA is the largest AGPTP provider in Australia delivering significant benefits for Registrars, Supervisors and the VMA community.

The range and depth of experience for Registrars at practices within the VMA's area of operations is one of several major attractions that are offered to existing and prospective Registrars. Reflecting the spectrum of socio-economic and demographic factors at play in the VMA's area of coverage, almost every variation in practice style and size is available to cater for the needs and preferences of Registrars. Allied with our delivery partners Melbourne and Monash Universities, the program offered through the VMA is innovative and dynamic within a highly developed and extensive personal and resource support structure.

### The geographic region

VMA is positioned around Port Phillip Bay, extending from the Bellarine Peninsula, through the Melbourne metropolitan region to the Mornington Peninsula. To ensure specific regional needs and issues are acknowledged and taken into account the VMA has divided this area into five Regional Training Groups (RTG's) covering the North Eastern, South Eastern, Peninsula, North Western and South Western regions of the consortium. Each region has the opportunity to implement specific projects and initiatives within a centrally administered framework.



Major centres include Melbourne, the second largest city in Australia, Frankston and Geelong.

At present, the VMA has 63 accredited Basic and Advanced practices, 18 Hospitals, in excess of 30 Extended Skills posts and over 300 subsequent training posts predominantly within a thirty kilometre radius of Melbourne CBD. The region also contains 19 Divisions of General Practice.

## Delivering a quality training program

A key element of the VMA training experience is the engagement with professional medical educators, GP supervisors and mentors utilising a variety of learning methodologies and approaches fully supported through strategic alliances with General Practice organisations and rural consortia. These approaches, in the past, have consistently produced registrars who report an exceptional level of satisfaction with their training placements and educational outcomes.

The VMA training program includes:

- an innovative training environment combining week-end workshops, local day release sessions, specialist workshops in areas such as dermatology, geriatrics, paediatrics and advanced life support, simulation training and web-based education.
- highly experienced general practice medical educators and supervisors
- opportunities to select from a range of training placements within and external to the VMA
- an individualised and supported development plan for each registrar
- regular contact, feedback and review sessions with general practitioners and specialist staff

## Special skills posts

VMA can offer opportunities to pursue specialist skill posts in areas such as obstetrics, Aboriginal health, rehabilitation, psychiatry, public health, research, geriatrics, sports medicine, drug and alcohol treatment, forensic medicine and others as required.

## Why general practice in the general pathway?

As the largest training provider within the Australian General Practice Training Program the VMA can offer a highly innovative and supportive program within probably the most diverse socio-economic geographic region in Australia enabling registrars to experience the full breadth of current General Practice. With 63 accredited training practices, 19 Division of General Practice and many other partner organisations, training in the general pathway offers substantial networking and professional support and engagement opportunities. Other innovative features of the VMA experience include the opportunity to participate in the Western, Greater Geelong or Mornington Peninsula Pilot Projects where Registrars have the opportunity to select from a number of high quality training placements and undertake their entire training all within a small geographic area. Registrars with an academic penchant are also well catered for with our educational partners Melbourne and Monash Universities.

**If General Practice is your passion, then selection of the general pathway within the VMA offers an excellent grounding for a career in General Practice.**

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For further information on VMA – [www.vma.com.au](http://www.vma.com.au)

Dr Mark Rowe, Chief Executive Officer or Ms Sharon Butler, Operations Manager

Phone: 9822 1100

For general information on general practice training in Victoria contact:

Pauline Ingham, VicNet Officer based at Rural Workplace Agency Victoria,

Phone: 9349 7825, [Pauline.ingham@rwav.com.au](mailto:Pauline.ingham@rwav.com.au)

For information on applications and eligibility go to the GPET Website – [www.agpt.com.au](http://www.agpt.com.au) and click on the “Applicants” section. Applicants can also contact the Selection Administrator at [selection@gpet.com.au](mailto:selection@gpet.com.au) or phone 02 6263 6776.