

General Practice Training in Victoria

Rebecca Quake, GP Registrar

When do you have a chance to practice some prevention rather than just try to cure? According to Rebecca Quake, it's in general practice.

Rebecca, an advanced registrar with the Warburton Medical Group, says she is "enjoying the opportunity to be involved in disease prevention rather than just treating problems that already exist."

It was this that attracted her to general practice and not hospital based medicine.

"I was extremely keen to escape the hospital environment and wanted to experience medicine that involves the whole patient and a chance to follow patients over time."

"Getting to know my patients and seeing problems in the context of their life and how issues develop or resolve over time is one of the things I enjoy most about being a GP registrar."

One of the other benefits she sees is the opportunity to explore special areas of interest while still in general practice.

"I have had an interest in Forensic Medicine for a few years, initially seeing victims of sexual assault," Rebecca says. "The highlight thus far has been the opportunity to spend 6-months as a Forensic Registrar. One of the benefits of general practice is the opportunity to develop interests in sub-specialty areas whilst still being a generalist."

Her work as a GP registrar and therefore the close contact with patients has also encouraged Rebecca to work on her own fitness.

A keen scuba diver and sailor – when the weather's right – Rebecca says: "I have made a special effort in the last year to be a model to my patients and get fit, so I spend a fair amount of my free time at the gym!"

The future, like general practice, is looking flexible. Rebecca likes to travel and believes the opportunity to work part time, while perhaps teaching and continuing her interest in Forensic Medicine, will provide opportunities to work in Melbourne, interstate or even overseas.



*Rebecca Quake, VMA GPT, GP registrar,
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