

General Practice Training in Victoria

Evan Grambas, GP Registrar

It took just two weeks for Evan Grambas to realise that general practice was the pathway for him. Evan is training with VMA General Practice Training.

"I had some time off towards the end of 2004 and a friend said 'why don't you do a locum at (Gippsland's) Foster Medical Centre.' I had never given general practice a thought but after two weeks I was ready to do more," he says. "I believe first experiences are most important."

That first experience led Evan to training as a GP Registrar, working at the moment in an outer metropolitan placement.

"As much as anything, I like the philosophy of general practice, connecting with people in their community and understanding them on many different levels and over time," he says. "Portability of skills and the scope to work in many different situations and places are real attractions."

Evan enjoys trying out all the different practices, rural, remote, outer suburban and all of the variations within.

He also finds rural medicine very satisfying, so much so that he keeps returning to do locum work in country Victoria.

The lifestyle aspects are pleasant as well; a lasting memory of his time at Foster is early morning swims at Waratah bay with the sun rising over Wilson's Promontory.

Evan has also managed to combine his other intellectual passion, information technology, with general practice.

He has a Master's Degree in Information Technology from Monash University and says "good IT" makes work happen more easily and more efficiently.

"It is one skill that is invaluable to modern general practice. It's as important as a stethoscope," he says.

Evan's family history, in his words, is one perpetual migration.

"My father's family is originally from Crimea, but migrated to Southern Europe. My parents met here – my mother's family is originally from Southern Greece."



*Evan Grambas, VMA GPT, GP registrar,
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